



# Summer “W.O.W”. Program

## Monday, June 10, 2024: (Club Day/Swim Day)

☘ **Camp/Cook & Play 4-H Club** - Come into the 4-H kitchen to learn how to cook and create fun, healthy and delicious food. This club will bring out your inner chef and offer solutions to becoming healthy eaters for life!  
Ages: 5-8

☘ **Young Chef's Academy 4-H Club** – In this club, we will educate, entertain and empower youth to make healthy food and lifestyle choices. With a combination of comedy, hip music, cooking demonstrations and fun exercises we will all become health rock stars!  
Ages: 9-12

## Tuesday, June 11, 2024: (Club Day)

☘ **Little Sprouts Garden Club** – Youth will be introduced to many learning experiences from gardening, soap making, and more! This club has something for everyone!  
Ages: 5-8

☘ **Big Sprouts Garden Club** – Come discover your passion...youth will experience many interest areas from horticulture, bee keeping, gardening, engineering, etc. Hands-on-learning, fun and something for everyone!  
Ages: 9-12

## Wednesday, June 12, 2024: (Swim Day)

☘ **Movie and a Swim** – We will venture to the Avery County Extension Office and Conference Center for a viewing of a favorite flick and share some fresh popcorn. Ages: 5-12

## Thursday, June 13, 2024:

☘ **Bays Mtn Planetarium** – Come experience this unique park! We will see nature, wildlife, and so much more!  
Ages: 5-12

## Friday, June 14, 2024: (Club Day/Swim Day)

☘ **Animal Planet 4-H Club** – Youth in this club will be introduced the many animals found on the farm. They will work with our local Livestock Agent and learn what it takes to properly care for our animal friends.  
Ages: 5-8

☘ **Animal Farm 4-H Club** - Youth in this club will be introduced the many animals found on the farm. They will work with our local Livestock Agent and learn what it takes to properly care for our working and just for show animal friends.  
Ages: 9-12

## Monday, June 17, 2024: (Club Day/ Swim Day)

☘ **Camp/Cook & Play 4-H Club**  
☘ **Young Chef's Academy 4-H Club**

## Tuesday, June 18, 2024: (Club Day)

☘ **Little Sprouts Garden Club**  
☘ **Big Sprouts Garden Club**



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## Wednesday, June 19, 2024:

☘ ***Hickory Crawdads*** – Travel to Hickory to watch and cheer for our favorite local team...the Crawdads! We will enjoy live action and have lunch at the ballpark. An all-time favorite. Youth may bring minimal funds for souvenirs/snacks. Ages: 5-12

## Thursday, June 20, 2024: (Swim day)

☘ ***Movie and a Swim*** – We will venture to the Avery County Extension Office and Conference Center for a viewing of a favorite flick and share some fresh popcorn.  
Ages: 5-12

## Friday, June 21, 2024: (Club Day/Swim Day)

☘ ***Animal Planet 4-H Club***  
☘ ***Animal Farm 4-H***

## Monday, June 24, 2024: (Club Day/ Swim Day)

☘ ***Camp/Cook & Play 4-H Club***  
☘ ***Young Chef's Academy 4-H Club***

## Tuesday, June 25, 2024: (Club Day)

☘ ***Little Sprouts Garden Club*** Ages: 5-8

☘ ***Fishing 4 Fun*** – Time to reel in the big one! Youth will try their hand at catching mountain trout while learning tips on fishing. ***Please wear old shoes!*** Lunch and play at a local park.  
Ages: 9-12

## Wednesday, June 26, 2024: (swim day)

☘ ***Movie and a Swim*** – We will venture to the Avery County Extension Office and Conference Center for a viewing of a favorite flick and share some fresh popcorn.  
Ages: 5-12

## Thursday, June 27, 2024:

☘ ***Brights Zoo-*** *Come travel to Limestone TN with us to see some of the most endangered animals. We will feed the Giraffes, and have lunch with the monkeys!*  
Ages: 5-12

## Friday, June 28, 2024: (Club Day/Swim Day)

☘ ***Animal Planet 4-H Club***  
☘ ***Animal Farm 4-H***

## Monday, July 1, 2024: (Club Day/ Swim Day)

☘ ***Camp/Cook & Play 4-H Club***  
☘ ***Young Chef's Academy 4-H Club***

## Tuesday, July 2, 2024: (Club Day)

☘ ***Little Sprouts Garden Club***  
☘ ***Big Sprouts Garden Club***



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**Wednesday, July 3, 2024:**  
(Swim Day)

Ages: 5 – 12

☘ **Movie and a Swim** – We will venture to the Avery County Extension Office and Conference Center for a viewing of a favorite flick and share some fresh popcorn.

Ages: 5-12

**CLOSED FOR THE HOLIDAY:**  
**Thursday, July 4th and**  
**Friday, July 5th, 2024.**

**Monday, July 8, 2024:**  
(Club Day/ Swim Day)

☘ **Camp/Cook & Play 4-H Club**

☘ **Young Chef's Academy 4-H Club**

**Tuesday, July 9, 2024**  
(Club Day)

☘ **Little Sprouts Garden Club**

☘ **Big Sprouts Garden Club**

**Wednesday, July 10, 2024:**  
(Swim Day)

☘ **Movie and a Swim** – We will venture to the Avery County Extension Office and Conference Center for a viewing of a favorite flick and share some fresh popcorn.

Ages: 5-12

**Thursday, July 11, 2024:**

☘ **Mystery Day** – *Feeling adventurous? Find the clues that lead directly to fun! This trip is open only to risk takers that love surprises!*

**Friday, July 12, 2024:**  
(Club Day/Swim Day)

☘ **Animal Planet 4-H Club**

☘ **Animal Farm 4-H**

**Monday, July 15, 2024:**  
(Club Day/Swim Day)

☘ **Camp/Cook & Play 4-H Club**

☘ **Young Chef's Academy 4-H Club**

**Tuesday, July 16, 2024:**  
(Club Day)

☘ **Fishing 4 Fun** – Time to reel in the big one! Youth will try their hand at catching mountain trout while learning tips on fishing. **Please wear old shoes!** Lunch and play at a local park.

Ages: 5 -8

☘ **Big Sprouts Garden Club** ages 9-12

**Wednesday, July 17, 2024:**  
(Swim Day)

☘ **Movie and a Swim** – We will venture to the Avery County Extension Office and Conference Center for a viewing of a favorite flick and share some fresh popcorn.

Ages: 5-12



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**Thursday, July 18, 2024:**

**☘ Mountain Paradise** – Come with us as we spend the day “off the mountain”, splashing in the pool, riding down the water slide, and playing putt putt! Bring extra money for the “snack bar”!!!

Ages 5-12

**Friday, July 19, 2024:  
(Club Day/Swim Day)**

**☘ Animal Planet 4-H Club**

**☘ Animal Farm 4-H**

**Monday, July 22, 2024:  
(Club Day/Swim Day)**

**☘ Camp/Cook & Play 4-H Club**

**☘ Young Chef’s Academy 4-H Club**

**Tuesday, July 23, 2024:  
(Club Day)**

**☘ Little Sprouts Garden Club**

**☘ Big Sprouts Garden Club**

**Wednesday, July 24 2024:  
(Swim Day)**

**☘ Movie and a Swim** –We will venture to the Avery County Extension Office and Conference Center for a viewing of a favorite flick and share some fresh popcorn.  
Ages: 5-12

**Thursday, July 25, 2024:**

**☘ Bo’s Excellent Summer Adventures** – Voted #1 in fun...we will travel to Caldwell County and enjoy hours of fun and adventure playing laser tag, mini golf, bowling, arcade games and so much more!  
Ages: 5-12

**Friday, July 26, 2024:**

**BACK TO SCHOOL BASH!**

**FINAL DAY – PARTY, PARTY, PARTY!**

Ages-5-12

## **IMPORTANT REMINDERS:**

- We will swim on Monday, Wednesday and Friday. Please bring a swimsuit, towel and floaties (if needed), clearly marked with youth’s name. If your youth is susceptible to sunburn please bring an extra shirt that can be worn in the pool.
- Please bring a labeled water bottle; staff will assist youth with refilling.
- Due to accidents, youth are asked NOT to wear flip-flops or other shoes that do not fit securely on their feet.
- ***All participants will be entered into the NC 4-H Online system.***  
***Visit [v2.4honline.com](http://v2.4honline.com) to enroll.***  
***Paper copies are also available.***



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