

Weekly Meal Planner:



	<u>Main Dish</u>	Side Dishes
Monday:		
Tuesday:		
Wednesday:		
,, canco any c		
Thursday:		
		
Friday:		
Saturday:		
Sunday:		
Use foods that are in season	NC COOPERATIVE	Remember to check what
for the best quality and	N.C. A&T NC STATE DELEVERTRY UNIVERSITY	you already have on hand
price!		before leaving home!